

# Carmen Horne



*Crushed*

Five prayers for when we  
are brokenhearted

Dear Friends,

I am humbled and thankful for you, your support and encouragement. I offer these prayers with hope that they will encourage you in a time of pain or brokenness.

Challenging times are where I find myself sensing God's presence most. Could this be because I am running towards Him with everything I have? Yes!

Run, run dear ones. Let these prayers be a starting point for many conversations with your Abba Father. He alone can heal.

Contact me at [carmenhorneblog@gmail.com](mailto:carmenhorneblog@gmail.com) if I can pray for you along the healing road.

May you be flooded with God's blessings and favor,

♥Carmen



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# One

Dear Lord,

I am stunned – blindsided. How did this happen? As David said in the Psalms, "...my heart is like wax; it is melted within my breast...". Words fail me. Each time I attempt to pray, I just become silent.

As I lay face down before You Lord, all I can say is...

Jesus help!

**Psalm 22:14 (ESV)**

# Two

My God, my God,

Sleep eludes me. My appetite is gone. "My tears have been my food day and night." As I wrap my mind around this craziness that is my life right now, deep down within me I hear a still small voice. It reminds me, "I'll never let you down, never walk off and leave you."

Clinging to You Lord is my only hope.

# Three



Abba Father,

I am so sad. In some sense I am numb. Where are You Lord? Your word says that You direct my steps. Then why must I walk this path? I just don't understand.

As my mind whirls, I choose to trust You Lord. Our relationship is not based on feelings. It is based on truth. I know because I know You are faithful, loving and, trustworthy. When I am filled with doubt, hold me tighter please. I need you Lord.

You Lord are my strength and shield. I adore You.

# Four

Jesus,

I'm mad and hurt. Can I turn my hurt over to You? Can I trust You to handle the messiness of my life and heal my brokenness? Yes! Because, I know You.

I need to forgive\_\_\_\_. Please help me to remember that I didn't earn the forgiveness You freely gave to me and I can't put a price on the forgiveness I give others. "Love...Doesn't keep score of the sins of others". Help me to love.

I can't do this on my own. If I am honest, I want revenge! Calm me dear Jesus. You are the expert on forgiving. Empower me to do what seems impossible.

Without You Jesus, I can do nothing.

**1 Corinthians 13:5 (MSG)**

# Five



Sweet Shepherd,

From David's anointed pen came these words, "Weeping may tarry for the night, but joy comes with the morning." It has been a long night. One that has lasted for what seems like forever. Restore my soul!

Little by little, I see the light of a new day. It has been said that pain makes us bitter or better. I want to be better Lord. Use my heartache to soothe another's.

We overcome by "the word of our testimony". Strengthen me to open my mouth and tell of Your miraculous work in my life. Someone needs my story. Place them in my path.

**Psalm 30:5; Psalm 23:3; Revelation 12:11 (ESV)**